Sony WH-1000XM4/5 Headphones

Download the Sony Sound app to customize settings

https://www.sony.ca/en/electronics/support/wireless-headphones-bluetooth-headphones/wh-1000xm5/software/00269130

Power/Pairing button

Bottom button on left earcup.	Note: There is a tactile dot on the back of the left earcup
ON/OFF	Press and hold the button for 2 seconds.
	Auto-off if not worn for 15 minutes.
Usage hours	26-38 hours
Charging time	3.5 hours (at 1.5A)
Enter Pairing mode	Press and hold for 5 seconds
	Can connect to 2 devices simultaneously.
	Range is approximately 30 ft

Gestures

Gestures are done on the right earcup

Play/Pause	Double-tap
Volume	Swipe up or down
Next/Previous track	Swipe forward/backwards
Battery level	tap and hold
Answer/End call	double tap
Decline call	tap and hold for 1 second
Temporarily turn of NC	Cover entire earcup with palm of hand

Noise Cancelling (NC) and Ambient Sound (AMB) button

Top button on left earcup

Ambient Sound	Hear and slightly amplify noises around you
Noise Cancelling	Cancels out ambient sound around you
Toggle NC/AMB	Press the button to cycle through functions (AMB ON, NC ON, All OFF)
Quick Access	Press the button twice quickly. Needs to be configured in the app.