

Confidential Intake Form

Counselling at Fleming

At Fleming, the goal of Counselling Services is to support your success as a student by promoting effective learning, growth and personal development. Counselling is an interactive process that can help you address issues that may be affecting your academic success and personal wellbeing. We offer a range of services from on-line self-serve resources, walk-in appointments, psycho-educational groups and workshops as well as short-term supportive counselling in a safe, non-judgmental setting. If you and/or your counsellor determine that you require more intensive or on-going therapy, we will facilitate a referral to the most appropriate community agency or service.

Our professional and registered counsellors can assist you with personal or academic concerns.

Counselling services are available Monday-Friday 8:30 a.m. to 4:30 p.m. whenever the college is open. Check with your campus for specific details.

Urgent/Crisis Support

If you are experiencing a life threatening emergency, please call 911 immediately.

In the event of a crisis or for after-hours support, please contact any of the following:

- **On campus** - Call Campus Security Emergency: ext. 4444
- **Good2Talk:** Ontario's Postsecondary Student Helpline 1-866-925-5454 or <http://good2talk.ca>
- **Four County Crisis Response Program:** 705-745-6484 or 1-866-995-9933
- **Kawartha Sexual Assault Centre:** 705-741-0260 or 1-866-298-7778
- Or visit your nearest hospital **emergency department**.

Please complete the form on page 2

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Please save this completed document and email it to:

Jennifer.Beauchamp@flemingcollege.ca

Once submitted please call or drop in to Counselling & Accessible Education Services to book your appointment.

Please note that forms submitted electronically will only be accessed during business hours 8:30am to 4:30pm Monday through Friday.

General Information

Name (please print) _____ Student # _____

Preferred Name (please print) _____

Local Address _____

Local Phone Number or Cell _____ May we leave a message? Yes No

Fleming Email _____ Preferred Method of Contact? Email Phone

Emergency Contact Name _____ Phone Number _____

Are you a: Full Time Student Part time Student Upgrading Student

Program _____ Semester _____ If upgrading: future program of interest _____

Have you been seen previously at the Fleming Counselling Centre? Yes No

In order to ensure you are aware/connected with additional supports on campus and within the broader community we would like to ask:

Do you have a First Nation, Inuit or Metis (status or non-status) ancestry? Yes No

(Note: this may also be helpful if you are band funded as any changes to your academic status may affect your funding.)

Are you attending Fleming as an International student? Yes No

Please indicate the concern or issue you wish to address through Counselling Services

Personal Concerns

Academic Concerns

Disability Issues

Please briefly explain:

What are you hoping to change through Counselling?