

Supports for Students



Counselling Services

Coping with college life in addition to dealing with personal circumstances can be stressful.

Personal Wellness Counselling is available to any student experiencing any concerns that may be interfering with your success as a student, or with your sense of well-being.

705-749-5530 ext 1527

Personal Wellness Counselling Website



Accessible Education Services

We recognize accommodation needs may be different for alternative educational delivery models. Students with questions or concerns about accommodations for their courses should reach out directly as we want to ensure you feel supported.

705-749-5530 ext. 1527

AES Website



Tutoring & Academic Skills

- Academic Skills, Study Skills and
- Learning Strategies
- Book an appointment or use the Drop-In sessions

Tutoring & Academic Skills Website



Library Resources

- Live online support is available
- through the AskON chat help service
- Help finding articles in the databases
- APA citation help
- Program-specific subject guides
- Resources for Academic Integrity, Avoiding Plagiarism and TurnItIn.

Library Website



Health Services

Health Services is currently staffed and nurses are available at the Sutherland and Frost campuses for student consultations in person and virtually.

Sutherland Campus: 705-749-5557 ext. 5504 **Frost Campus:** 705-324-9144 ext. 3232

Health Services Website



Student Success Coach

Student Success Coaches are here to support a student's ability to succeed or to consider non-linear pathways to success. They provide information about college policies and possible outcomes to empower students to make informed decisions and encourage self-advocacy in student success related matters.

Success Coach Website