

the **Road Ahead**

MOBILE WELLNESS CLINIC

Fleming Counselling Services, in partnership with the Canadian Mental Health Association Haliburton Kawartha Pine Ridge (CMHA HKPR), is excited to announce the arrival of “The Road Ahead Mobile Wellness Clinic” at our campus communities.

The mobile clinic provides a full range of flexible and responsive services tailored to meet the unique needs of students, including:

- Counselling and mental health supports.
- Addictions and substance use support.
- Health and mental health education.
- Advice on accessing additional mental health supports in the community.

Winter 2025 Schedule

SUTHERLAND CAMPUS

Sutherland Residence: Building 1
Newfoundland House
Residence Life Office

Saturday, January 11th

Saturday, January 25th

Saturday, February 8th

Saturday, March 1st

Saturday, March 15th

Saturday, March 29th

Saturday, April 12th

FROST CAMPUS

Frost Residence: Building 2
Sturgeon House
Housing Services Office

Saturday, January 18th

Saturday, February 1st

Saturday, February 15th

Saturday, March 8th

Saturday, March 22nd

Saturday, April 5th

Saturday, April 26th

Clinics are free to attend and run from 10 a.m. to 4 p.m. Walk-in appointments are available, or students can call to book ahead. Students are asked to bring their student card with them to access the clinic.

Please call (705) 991-3551 to schedule your appointment