

Sheridan

Memorandum of Understanding
Between the
Fitness and Health Promotion 2-Year Diploma (Ontario Colleges)
into
Honours Bachelor of Health Sciences - Kinesiology and Health Promotion
in Faculty of Applied Health and Community Studies (FAHCS)
at Sheridan College

Purpose

The purpose of this Memorandum of Understanding (MOU) is to acknowledge the collaboration between Publicly Assisted Ontario Colleges into Sheridan College programs. To facilitate the collaboration of the Fitness and Health Promotion – 2-year diploma (MCU 52209) into the Honours Bachelor of Health Sciences – Kinesiology and Health Promotion, this understanding will serve as an official agreement.

Objectives

The objectives of this agreement include, but are not limited to:

- Establishing a seamless admission/transfer process between the two programs which provides qualified students from Sheridan with a clearly defined option for continuing their education in a different program at Sheridan.
- Specifying the number of transfer credits earned based on specific courses completed in the (Sheridan program) at Sheridan.
- Specifying the number of transfer credits required to complete the (name of credential) at Sheridan.
- Ensuring and facilitating ongoing academic coordination and collaboration to maintain this agreement.

Ontario Colleges included as part of this agreement:

Algonquin College – Fitness and Health Promotion

George Brown – College – Fitness and Health Promotion

Boreal College – Promotion de l'activité physique et de la santé

Cambrian College – Fitness and Health Promotion

Centennial College – Fitness and Health Promotion

Conestoga College – Fitness and Health Promotion

Durham College – Fitness and Health Promotion

Fanshawe College – Fitness and Health Promotion

Fleming College - Fitness and Health Promotion

Georgian College – Fitness and Health Promotion

Humber College – Fitness and Health Promotion

Lambton College – Fitness and Health Promotion

Loyalist College – Fitness and Health Promotion

Mohawk College – Health, Wellness and Fitness

Niagara College – Fitness and Health Promotion

Sault College – Fitness and Health Promotion

Seneca College – Fitness and Health Promotion

St. Lawrence College – Fitness and Health Promotion

St. Clair College - Fitness and Health Promotion

Terms of the agreement

Admission will continue to be in accordance with the existing Sheridan admission criteria, policies, and procedures. Students who have completed the Fitness and Health Promotion 2-Year Diploma from the institutions listed above and have achieved a cumulative GPA of 2.4 or greater (average C), will progress to Year 3 (Semester 5) into the Bachelor of Health Sciences – Kinesiology and Health Promotion, provided they have met the following:

Have enrolled in the Spring/Summer bridging program consisting of the following five courses:

- **PHYG13383D** Human Physiology II
- [HEAL14049](#): Introduction to Public Health
- [PHYG23672](#): Growth, Development and Physical Activity
- [HEAL20172](#): Ergonomics
- **SCIE26661D**: Pathophysiology

Please Note: Degree Completion program begins in May only. The Spring/Summer bridging program will be delivered in two 7-week blocks (four out of five core courses will be delivered

in a compressed format). Courses without pre-requisites or where pre-requisites have been fulfilled will remain on a 14-week schedule.

For further details please visit Sheridan’s website at:

<https://www.sheridancollege.ca/programs/bachelor-of-health-sciences-kinesiology-and-health-promotion#tab=degree-completion>

Period of the Understanding

This agreement is in effect for a period of five years from **January 1, 2024**.

This date may be extended with permission from the Associate Dean of the program in Faculty of Applied Health and Community Studies (FAHCS).

Ongoing Collaboration

The program will do their best to communicate any program changes in a timely manner to avoid any disruption to student progress towards the completion of the Fitness and Health Promotion Diploma. Details of this agreement are subject to change.

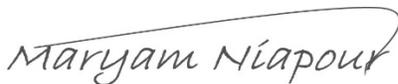
For inquiries related to this MOU:

Please contact:

Sherri Murray email: sherri.murray@sheridancollege.ca)

Manager, Academic Pathways and Partnerships

Signature:



Maryam Niapour

Maryam Niapour
Associate Dean, Faculty of Applied Health, and Community Studies,
Sheridan College

January 12, 2026 _____
Date