

Roommate Agreement

It is important when developing a roommate agreement that decisions be both specific and realistic. This makes it more possible for all involved to meet the terms of this agreement.

We,

agree to the following terms as we work toward improving our roommate relationship:

Communication Issues

A. We agree to the following when it comes to handling a problem with the other person:

Example: If we feel angry, we will step away from the situation, put it in perspective and then address the issue with our roommate when we are feeling more calm and rational.

B. We agree to the following when it comes to respecting opinions different from our own:

Example: We will listen to other opinions rather than just dismissing them immediately.

C. We agree to the following when it comes to handling gossip:

Example: If we hear something said in gossip circles, we'll go to the other person and find out the real story before acting on any assumptions.

D. Other issues:

ROOMMATE CONNECTIONS

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Respect/Privacy Issues

A. We agree to the following when it comes to borrowing one another's belongings:

Example: We will ask our roommate in private if it's okay to borrow an item so that he/she is not publicly pressured in any way.

B. We agree to the following when it comes to phone calls:

Example: We will ask friends and family not to call after ____ pm unless it's an emergency.

C. We agree to the following when it comes to having daytime/evening guests in the room:

Example: Guests will not be left in our room alone while the host is away at class, an activity, etc.

D. We agree to the following when it comes to hosting overnight guests:

Example: We will check with one another at least ____ days in advance if we'd like to have guests stay overnight.

E. Other issues:

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Study and Sleep Issues

A. We agree to the following when it comes to getting up in the morning:

Example: Repeated use of the snooze alarm while the other roommate is sleeping will be avoided.

B. We agree to the following when it comes to going to sleep at night:

Example: If one of us wants to go to sleep while the other is still awake, the awake person will use minimal lighting and avoid excess noise when in the room.

C. We agree to the following when it comes to use of the alarm clock:

Example: We will each have our own alarm clock and be responsible for getting ourselves up rather than putting this responsibility on our roommate.

D. We agree to the following when it comes to creating an environment conducive to studying:

Example: If one of us is studying in the room, the other will ask before turning on music or the TV or inviting guests into the room.

E. Other issues:
