

First Call Care

Did you know you have access to immediate telephonic counselling support and crisis intervention services?

Homewood Health's First Call Care service provides same day support, either immediately with a warm transfer, or with a same day call back from a licensed clinician. Our First Call Care service provides intervention for individuals experiencing any of the following:

- Anxiety
- Depression
- Grief
- Parenting Issues
- Relationship Issues
- Suicidal Ideations
- Workplace Stress
- And much more
- Developing Self-Care Strategies and Resources
- Emotional Containment
- Goal Setting
- Referrals to community resources
- Safety Planning
- Tangible, Present-oriented Solutions
- Traumatic Events

How does Homewood Health help?

Our intake counsellors answer your call, assess your needs, and will get you same-day access to a single session of counselling with a Homewood Health clinician who provides support with:

Call 1-800-663-1142

Non-urgent calls will be taken 8:00am ET – 8:00pm ET.
Urgent support for at risk clients is available 24/7 based on triage criteria.

