**Title of Position:**  Peer Healthy Lifestyle Ambassador

**Division/Department:** CD&H

**Job Duties**

* Working within the College community to promote student well-being and to promote student awareness on health-related topics
* Incumbent(s) will participate in a ‘Peer Healthy Lifestyle Ambassador’ orientation and training session
* Attendance at bi-weekly Healthy Lifestyle program meetings with the Campus Nurse(s)
* Conduct basic research and obtain credible resource information from the internet on 3-4 specific healthy lifestyle topics as selected from a predefined list provided by the Campus Nurse
* Assist with basic content development for the online student magazine ‘Student Health 101’ by capturing short digital video clips on pre-approved health topics for students
* Gather health-related information and resources from local community agencies (e.g. Public Health Unit; Diabetes Association; etc.) to support the development and implementation of Healthy Lifestyle programming and presentations for students at Fleming College
* Actively role-model healthy lifestyle choices and behaviours that support academic success and personal well-being

**Qualifications**

* Must be a current Fleming College student (any program)
* A personal commitment to healthy living is essential along with a high degree of enthusiasm for mentoring student peers on healthy choices
* Excellent oral communication and interpersonal skills to establish and maintain effective peer mentoring relationships
* Excellent organizational skills to compile, organize and present information and resources for health-related topics
* Ability to exercise sound judgment and reliability in responding to Healthy Lifestyle inquiries and providing resource information
* Ability to travel to external resource sites, as required (e.g. Public Health Unit)
* Ability to work with a variety of common office software for word processing, data tracking, presentations, and digital image capture
* Awareness of and respect for cultural diversity and the ability to work with a diverse student population
* Ability to work independently and inter-dependently as part of a team
* Ability to follow verbal and written instructions

**Additional Information ie special equipment or travel**