

My Rights At Work in Ontario

Helpful People to Talk to:

Health and Safety Contact Centre	1-877-202-0008
Sexual Harassment and Resource Exchange	1-866-625-5179
Employment Standards Information Centre	1-800-531-5551
Human Rights Legal Support Centre	1-866-625-5179
Ministry of Labour, Employment Standards	1-800-531-5551

In other languages

Employment Standards	Ontario.ca/page/posters-required-workplace#employment-standards-poster
Worker's Rights	https://www.labour.gov.on.ca/english/multi/index.php
Rights for all workers	https://settlement.org/ontario/employment/my-rights-atwork

Information on Worker Rights in Ontario

What are my rights?	Settlement.org/Ontario/employment/my-rights-at-work
Complete Employment Standards	Ontario.ca/document/your-guide-employment-standards-act
Is my job an exception?	https://www.ontario.ca/document/industries-and-jobs-exemptions-or-special-rules
Should I get overtime pay?	https://www.apps.labour.gov.on.ca/es-self-service-tool/
Public Holidays	https://www.ontario.ca/document/your-guide-employment-standards-act-0/public-holidays
Work Ends and layoffs	https://settlement.org/ontario/employment/my-rights-at-work/if-you-get-fired-or-laid-off/have-you-been-fired-or-laid-off/
Severance Pay	https://www.ontario.ca/document/your-guide-employment-standards-act-0/severance-pay
File an employment standards claim	https://www.ontario.ca/document/your-guide-employment-standards-act-0/filing-claim
Discrimination	https://settlement.org/ontario/employment/my-rights-at-work/basic-working-conditions/what-is-discrimination-at-work-what-can-i-do-if-i-am-being-discriminated-against-at-work/

File a human rights claim	https://settlement.org/ontario/legal-services/human-rights/protecting-my-rights/how-do-i-file-a-claim-with-the-human-rights-tribunal-of-ontario/
Temporary Work for foreign workers	https://settlement.org/ontario/employment/my-rights-at-work/temporary-work/
I got hurt at work	https://settlement.org/ontario/employment/my-rights-at-work/if-your-rights-have-been-violated/what-do-i-do-if-i-get-hurt-at-work/
File a worker's compensation claim	https://www.cleo.on.ca/en/publications/makeclaim
List of workplace dangers	https://settlement.org/ontario/employment/my-rights-at-work/basic-working-conditions/what-are-my-health-and-safety-rights/
Free Safety Training for workers	https://settlement.org/ontario/employment/my-rights-at-work/basic-working-conditions/what-are-my-health-and-safety-rights/
Covid 19	https://nccpeterborough.ca/covid19resources