



## **Attention Pre-Service Firefighting Students for September 2022 Intake**

Prior to entering the Pre-Service Firefighting Program, it is necessary that you have completed a medical clearance, showing that you are appropriately fit to complete some of the strenuous and physical activities you will be asked to complete during your year with the program.

Attached is a form that will assist you when meeting with your doctor that describes the importance of the process. Due date for this form is **September 05, 2022.**

### **PROGRAM NOTE REGARDING PHYSICAL REQUIREMENTS**

The Fleming College website for the Pre-Service Firefighter Education and Training Program identifies in the 'Additional Requirements' section, that students must obtain a medical certificate verifying good physical health, able to complete strenuous activity, vision and hearing requirements. (Please see webpage for full details). Note: The cost for this medical clearance is your responsibility and is not part of any College tuition.

To assist with this important step, attached is a form for you and your doctor to complete, certifying that you have considered the strenuous activity that is involved in this program and that you are physically able to succeed in the program. The form also addresses eyesight and hearing measurements.

A quick note regarding eyesight and hearing requirements listed on the website as requirements for the program. The firefighting industry requires that firefighters have uncorrected vision of at least 20/30 and has successfully completed a colour vision test. The PSFF program feels that it is important to be upfront about these requirements recognizing that students are often young and treatments are available for some to improve their vision. Some students decide to have the eye treatments after completing the program. It is for this reason that you do not need to have the 20/30 vision to enter Fleming's firefighting program, but you may need to meet these standards to seek employment in the firefighting field in the future. If you do not have the 20/30 vision standard and you decide to hold off on any corrective measures at this time, you can still participate in the Fleming program. On a related note, the wearing of contacts on the fire ground is prohibited, for safety reasons.

Further details and clarification is available at 'Becoming a firefighter in Ontario' at [www.oafc.on/becoming-firefighter-ontario](http://www.oafc.on/becoming-firefighter-ontario)

It is important to recognize the fire-rescue field has significant demands on personal health, stress management, and physical fitness. Factors such as laser eye surgery, medications, weight and strength training must be considered carefully.



Any concerns regarding any of this information presented above, please feel comfortable to contact me at any of the addresses or numbers below. Medical Clearance Forms along with other NARS requirements can be submitted through the NARs procedures outlined on the Fleming College Web Page before February 28<sup>th</sup>, 2022

Look forward to working with you in the firefighting program.

Cheers,

Professor James Cowan  
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**Pre-Service Firefighter Education and Training Program  
Medical Clearance Form**

Student Information				
Last Name		First Name		DOB (yyyy/mm/dd)
<b>Home Address</b>				
Unit Number	Street Number	Street Name		PO Box
City/Town			Province	Postal Code

Students enrolled in Fleming College’s Pre-Service Firefighter Education and Training Program must obtain a medical certificate verifying good physical health and ability to complete strenuous physical activity.

To assist with this important step, you are being asked to certify that you understand the strenuous activity that is involved in this program and that the student named above is physically able to participate in the program. It is important to recognize the fire-rescue field has significant demands on personal health, stress management, and physical fitness. This form does not address eyesight and hearing measurements.

Further details are available at ‘Becoming a Firefighter in Ontario’ at <https://www.oafc.on.ca/becoming-firefighter-ontario>

I, \_\_\_\_\_,  
(Name of physician or registered nurse in the extended class)

certify that I have personally assessed the above-named student and am of the opinion that they are in good physical health and are medically fit to complete the strenuous physical activity that will be required of them as a student in Fleming College’s Pre-Service Firefighter Education and Training Program.

Information of Certifying Physician or Registered Nurse in the Extended Class				
<b>Business Address</b>				
Unit Number	Street Number	Street Name		PO Box
City/Town			Province	Postal Code
Signature of Physician or Registered Nurse in the Extended Class				Date (yyyy/mm/dd)

**Notice of Collection**

The personal information on this form is collected under the legal authority of section 2 of the *Ontario Colleges of Applied Arts and Technology Act* in accordance with the requirements of the Memorandum of Understanding between Fleming College and the Office of the Fire Marshal of Ontario. This information will be used by the College to administer the requirements of the Pre-Service Firefighter Education and Training Program and to ensure the safety and well-being of students enrolled in this program. Questions about this collection can be directed to the Coordinator of the Pre-Service Firefighter Program at [james.cowan@flemingcollege.ca](mailto:james.cowan@flemingcollege.ca) or 705-749-5530, ext. 1401.