

HOW TO USE A NON-CONTACT INFRARED THERMOMETER

Guidance on how to safely measure body temperature using a non-contact infrared thermometer (NCIT) during the COVID-19 pandemic.

PREPARING THE ENVIRONMENT AND NCIT

- Use in a draft-free space and out of direct sun or near radiant heat sources (i.e. Lights, heaters, etc.)
- Place the NCIT in the testing environment or room for 10-30 minutes prior to use to allow the NCIT to adjust to the environment.

SECURITY PREPARATION

- Wash hands with soap and water for a least 20 seconds. If soap and water is unavailable use sanitizer with a minimum of 60% alcohol.
- Don face shield/safety glasses and mask ensuring proper donning techniques are used.
- Retrieve thermometer and wipe handle and sensor with disinfectant wipe.

CLEANING BETWEEN USES

- Use disinfectant wipes to clean the thermometer between each use.

PREPARING THE PERSON BEING EVALUATED

- Ensure the test area of the forehead is not blocked during measurement (i.e. ask that hats, headbands, etc. be removed prior to testing)
- Ensure the person's temperature has not been increased or decreased by wearing excessive clothing or head covers (i.e. headbands, bandanas)

USING THE NCIT

- Hold the NCIT sensing area perpendicular to the forehead and instruct the person to remain stationary during measurement(s).
- Ensure the NCIT is distanced .25"-2" from the forehead. Do not touch the sensing area of the NCIT and keep the sensor clean and dry.
- Hold down the trigger to take temperature. Continue these steps 2 additional times so that a median can be recorded for more accurate results.

ELEVATED TEMPERATURE NEXT STEPS

- If median temperature is above 37.3°C contact ext.4444 to advise of elevated temp and receive next step guidance.