



# Vaccinated, Now What?

## After the appointment:

### Monitoring your health

- 1) Monitor for side effects
  - a. In the days following vaccination, monitor for side effects. Common side effects include:
    - i. Pain, redness, minor swelling at the injection site
    - ii. Tiredness, headache
    - iii. Muscle ache, joint pain, low fever, chills
- 2) Monitor for adverse events following immunization (AEFI)
  - a. Serious side effects following immunization are very rare. If you experience any of the following please seek medical attention immediately or call 911:
    - i. Hives, swelling of face or mouth, trouble breathing
    - ii. Pale skin or severe drowsiness
    - iii. High fever (40°C), convulsions or seizure
- 3) Very rare side effects associated with the AstraZeneca vaccine
  - a. Serious side effects following immunization with AstraZeneca are very rare. If you experience any of the following please seek medical attention immediately or call 911:
    - i. Shortness of breath, chest pain, swelling or cold arm or leg, persistent abdominal pain
    - ii. Severe or worsening headache or blurred vision
    - iii. Multiple bruises, red or purple spots, or blisters under the skin

## COVID-19 Safety

The COVID-19 vaccine is one form of protection against COVID-19. While COVID-19 rates remain high, safety guidelines will remain in effect to ensure safety of everyone. After either dose of the COVID-19 vaccine, please continue to follow public health guidelines which include:

- ✓ Limit close contacts to household members only
- ✓ Wear a mask when around people that are not household members
- ✓ Stay at least 2m distance from those that are not in your household
- ✓ Monitor for symptoms of COVID-19 and get tested if symptoms present
- ✓ Wait at least 28 days before receiving another vaccine
- ✓ Attend second appointment to ensure best protection against COVID-19

## Vaccine Documentation

A receipt will be provided to you when you receive the vaccine. This receipt is for personal documentation of the dose received. Keep this receipt in a safe place and bring it to your second vaccine appointment.

**Date of Second Appointment** \_\_\_\_\_